

FOR IMMEDIATE RELEASE

The Camden County WIC Office announces continued WIC contract

Camdenton, MO – The Camden County WIC Office announces a contract continuance to provide WIC services for federal fiscal year 2024 has been signed with the Missouri Department of Health and Senior Services.

Women, Infants and Children (WIC) is a special supplemental nutrition program providing services to pregnant women, new mothers, infants and children up to their 5th birthday based on nutritional risk and income eligibility. The primary services provided are healthy, supplemental food, risk assessment, nutrition education and counseling, breastfeeding promotion and support, health screening and referrals to health care. To be eligible for WIC, applicants must have an income of less than or equal to 185% of the poverty level and be at nutritional risk. Migrant families are also eligible.

WIC supplemental food packages are specially chosen to provide foods high in protein, iron, calcium, and vitamins A and C. Eligible women and children receive fortified milk and cheese, eggs, whole grain bread products, hot or cold cereals, 100% fruit juices, and fresh or frozen fruits and vegetables. The WIC program recommends breastfeeding, provides breastfeeding support, baby foods, and infant cereal. For women who cannot or choose not to breastfeed, infants may receive supplemental, iron fortified formula. WIC participants obtain their foods by using their eWIC cards for specific items at participating local grocery stores and pharmacies.

Studies confirm that pregnant women who enroll in WIC during the early months of pregnancy have fewer low birth weight babies, experience fewer infant deaths, see the doctor earlier in pregnancy and eat healthier.

WIC is administered in Camden County by the Camden County WIC Office. Persons interested in applying or who are in need of more information should contact the Camden County WIC Office at 573-346-7271. WIC clinics are offered at 1976 North Business Route 5 in Camdenton, Missouri. Office hours are Monday through Thursday 8:00 am to 5:00 pm.

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotope, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at:

<https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

mail: U.S. Department of Agriculture

Office of the Assistant Secretary for Civil Rights

1400 Independence Avenue, SW

Washington, D.C. 20250-9410; or

fax: (833) 256-1665 or (202) 690-7442; or

email: program.intake@usda.gov

This institution is an equal opportunity provider.

Attached: Missouri WIC Income Guidelines

Missouri WIC Income Guidelines- April 1, 2023
Guidelines reflect gross (pre-tax) income.

Family Size	Annual	Monthly	Twice-Monthly	Bi-Weekly	Weekly
1	\$26,973	\$2,248	\$1,124	\$1,036	\$519
2	\$36,482	\$3,041	\$1,521	\$1,404	\$702
3	\$45,991	\$3,833	\$1,917	\$1,769	\$885
4	\$55,500	\$4,625	\$2,313	\$2,135	\$1,068
5	\$65,009	\$5,418	\$2,709	\$2,501	\$1,251
6	\$74,518	\$6,210	\$3,105	\$2,867	\$1,434
7	\$84,027	\$7,003	\$3,502	\$3,232	\$1,616
8	\$93,536	\$7,795	\$3,898	\$3,598	\$1,799
9	\$103,045	\$8,588	\$4,294	\$3,964	\$1,982
10	\$112,554	\$9,380	\$4,690	\$4,329	\$2,165
11	\$122,063	\$10,172	\$5,086	\$4,695	\$2,348
12	\$131,572	\$10,965	\$5,483	\$5,061	\$2,531
13	\$141,081	\$11,757	\$5,879	\$5,427	\$2,714
14	\$150,590	\$12,550	\$6,275	\$5,792	\$2,896
15	\$160,099	\$13,342	\$6,671	\$6,158	\$3,079
16	\$169,608	\$14,134	\$7,067	\$6,524	\$3,262
Each additional family member	Plus \$9,509	Plus \$793	Plus \$397	Plus \$366	Plus \$183

Income guidelines are based on 185% of the poverty level.
This institution is an equal opportunity provider. (04/23)

Reglas de ingresos del Programa de WIC en Missouri-1 Abril, 2023
Las pautas reflejan el ingreso bruto (antes de impuestos).

Tamaño de la familia	Anual	Mensual	Dos veces al	Cada dos	Semanal
1	\$26,973	\$2,248	\$1,124	\$1,036	\$519
2	\$36,482	\$3,041	\$1,521	\$1,404	\$702
3	\$45,991	\$3,833	\$1,917	\$1,769	\$885
4	\$55,500	\$4,625	\$2,313	\$2,135	\$1,068
5	\$65,009	\$5,418	\$2,709	\$2,501	\$1,251
6	\$74,518	\$6,210	\$3,105	\$2,867	\$1,434
7	\$84,027	\$7,003	\$3,502	\$3,232	\$1,616
8	\$93,536	\$7,795	\$3,898	\$3,598	\$1,799
9	\$103,045	\$8,588	\$4,294	\$3,964	\$1,982
10	\$112,554	\$9,380	\$4,690	\$4,329	\$2,165
11	\$122,063	\$10,172	\$5,086	\$4,695	\$2,348
12	\$131,572	\$10,965	\$5,483	\$5,061	\$2,531
13	\$141,081	\$11,757	\$5,879	\$5,427	\$2,714
14	\$150,590	\$12,550	\$6,275	\$5,792	\$2,896
15	\$160,099	\$13,342	\$6,671	\$6,158	\$3,079
16	\$169,608	\$14,134	\$7,067	\$6,524	\$3,262
Cada miembro adicional de la familia	Plus \$9,509	Plus \$793	Plus \$397	Plus \$366	Plus \$183

Las reglas del ingreso se basan en el 185% del nivel de pobreza.
Esta institución es un proveedor que ofrece igualdad de oportunidades. (04/23)